

ADOPTION

IS A LIFELONG JOURNEY



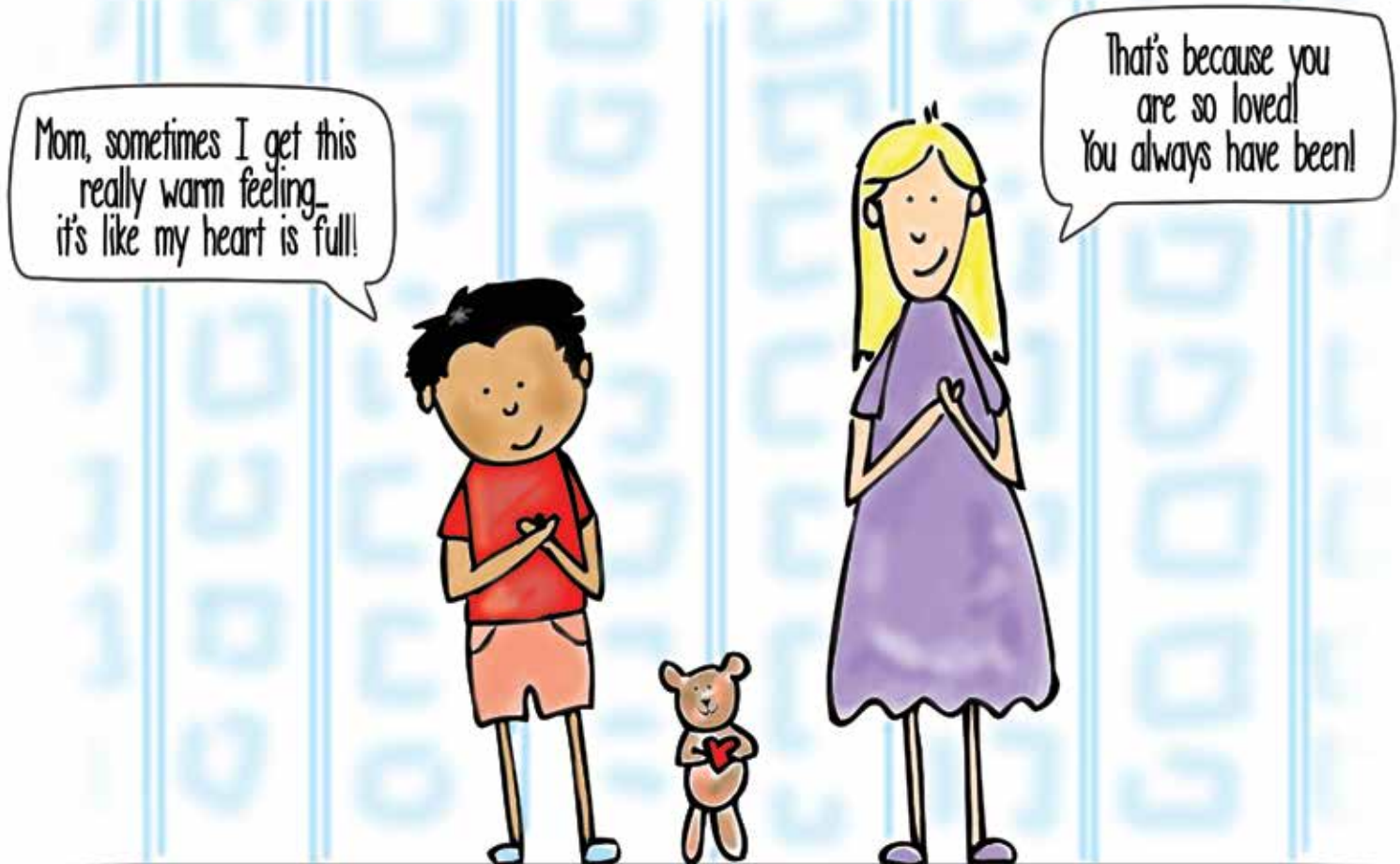
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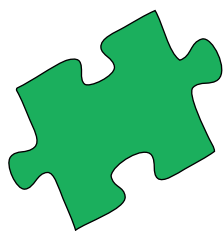


When you talk about my birth family,
it is a reflection of me. If you think that my
birth family is “bad,” then I may think that
a part of me is “bad.”



Even though my birth family
couldn't care for me,
it doesn't mean I wasn't loved.





Putting the Pieces Together

Key Insights for Caregivers and Loved Ones

Compiled by the Team at Boston Post Adoption Resources (BPAR)

Each puzzle piece corresponds to a page in the front section of the book. Our team of licensed mental health professionals shares corresponding insights, recommendations, and resources for parents and other caregivers or loved ones.

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Color by Lennie Peterson

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