ADOPTION IS A LIFELONG JOURNEY

Written by Kelly DiBenedetto, Katie Gorczyca and Jennifer Eckert
Illustrated by Kelly DiBenedetto
When you talk about my birth family, it is a reflection of me. If you think that my birth family is “bad,” then I may think that a part of me is “bad.”
Even though my birth family couldn’t care for me, it doesn’t mean I wasn’t loved.
Putting the Pieces Together
Key Insights for Caregivers and Loved Ones

Compiled by the Team at Boston Post Adoption Resources (BPAR)

Each puzzle piece corresponds to a page in the front section of the book. Our team of licensed mental health professionals shares corresponding insights, recommendations, and resources for parents and other caregivers or loved ones.